Adult Classes

Zumba Zhape

Ages 14 Years and up

M, Tu, W, Th 9:15-10:15 AM

M, Tu, W 6-7 PM

$22/month for 1 visit per week

$32/month for 2 visits per week

$37/month for 3 visits per week

$42/month for 4 visits per week

Kung Fu – Adults **$42/month**

Ages 15 Years and up

M, W 8-8:50 PM

Sa 12:30 – 1:45 PM

Pilates **$27/month**

Ages 18 Years and up

Tu, Th 6:30 – 7:30 PM

Pass Information

Fitness Pass*: ***16 Years and up***

Garland Resident:	$35 per person per year
Non-Resident:	$70 per person per year

Recreation Pass

Youth (7 – 12 Years):	Garland Resident: $3	Non-Resident: $5
General (13 Years and up):	Garland Resident: $7	Non-Resident: $10

*Fitness passes are accepted at all City of Garland recreation centers with The Body Shops fitness room and at all City of Garland recreation centers for open play.

Kids Classes

Hip Hop - Kids **$35/month**

Ages 6 – 12 Years M 7:15 – 8:15 PM

Kung Fu – Kids **$42/month**

Ages 5 – 15 Years

M, Tu & 7 - 8 PM

Sa 11:15 AM – 12:15 PM

Modeling, Etiquette, & Acting **$37/month**

Ages 7 Years and up M 6:15 -7:15 PM

Fitness 101 **$25/person**

Ages 12 – 15 Years M – Th 2 – 5 PM By appointment only

Required orientation for ages 12 – 15 Years to purchase a Fitness Pass.

Skyhawks Sports **$34/month**

Mini Hawks	Ages 3.5 – 4 Years	M, W	10:30 – 11:15 AM
Tiny Hawks	Ages 4 – 7 Years	M, W	11:30 AM – 12:30 PM
Soccer	Ages 5 – 9 Years	Th	5:30 – 6:30 PM

Zumba Zhape – Kids ***prices listed require regular price Zumba adult registration**

Ages 9 – 13 Years

M, Tu, W, Th 9:15 – 10:15 AM

AND

M, Tu, W 6-7 PM

$12/month for 1 visit per week

$17/month for 2 visits per week

$20/month for 3 visits per week

$22/ month for 4 visits per week

Hollabaugh Recreation Center
3925 West Walnut Street
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garlandparks.com